Orthophonie VoxLingue Speech and Language

Printable sheet · Town of Mount Royal (TMR)

Before your first speech therapy call: languages, school, CLSC and your questions

A few notes before you call the CLSC, the school or a private speech therapist. There are no right or wrong answers: this information helps point you in the right direction.

1. The languages your child hears

Language	Who speaks it with your child	Since when	Often or sometimes

2. School or childcare

Name of the school or daycare

Grade or age

☐ CSSMB, in French ☐ EMSB, in English ☐ EMSB, French immersion ☐ Daycare or CPE ☐ Not in school yet

What the teacher or educator notices

3. Where are you with public services?

- ☐ I contacted the CLSC (date: _____)
- ☐ I talked to the doctor
- ☐ Agir tôt (under 7): request made
- ☐ I talked to the teacher or the principal

4. Reports you already have

- ☐ Speech-language
- ☐ School (intervention plan)
- ☐ Doctor or other professional
- ☐ None yet

5. My three questions

1.

2.

3.

A child under 7? Contact the CLSC or ask the doctor (Agir tôt, free). At the same time, you can see a speech therapist privately. **Adult, sudden change:** the doctor first, or 911.

CLSC listed by the Town of Mount Royal: Côte-des-Neiges, 514 731-8531. Yours depends on your address: Find a CLSC directory (sante.gouv.qc.ca, in French) or 811.

Sources: Town of Mount Royal; Québec.ca, Agir tôt program (2026). **General information: this sheet does not replace an assessment.** With your permission, we share our reports with the CLSC or the school.