Orthophonie VoxLingue Speech and Language

Printable sheet

Before you claim: questions for your insurer and the receipt checklist

Call before the first session. Pick the questions that apply to your family, and write down the answer, the date and the person's name.

Coverage

1 Does my plan cover speech therapy, and under what category?
Answer _____
Date _____ Person _____

2 Is the assessment reimbursed like a session, and does it have its own limit?
Answer _____
Date _____ Person _____

3 Are online sessions reimbursed on the same conditions?
Answer _____
Date _____ Person _____

Limits

4 What is the reimbursement percentage and the maximum per year, per person? Is it shared with audiology or other professions?
Answer _____
Date _____ Person _____

5 Does the maximum follow the calendar year or the plan year?
Answer _____
Date _____ Person _____

6 Is there a maximum per session, a number of treatments, or reasonable and customary fees?
Answer _____
Date _____ Person _____

Conditions

7 Do I need a doctor's recommendation or prescription? Before the first session?
Answer _____
Date _____ Person _____

8 Must the clinician belong to a provincial regulator, such as the OOAQ in Québec or CASLPO in Ontario? Is someone from another province accepted?
Answer _____
Date _____ Person _____

9 Is a service given by a supervised person, such as a language stimulation agent, reimbursed?
Answer _____
Date _____ Person _____

Claiming

10 Must the receipt show the child's name, and how do I claim if the parent is the plan member?
Answer _____
Date _____ Person _____

11 What is the deadline to submit a receipt?
Answer _____
Date _____ Person _____

12 If both parents have a plan, in what order do we claim?
Answer _____
Date _____ Person _____

These questions are VoxLingue's wording, based on what varies from one plan to another. This is not an insurer's list.

What's on a receipt

The minimum the Québec Order (OOAQ) proposes to its members, and the Canada Revenue Agency (CRA) markers, which apply in Ontario too.

- [ ] The date of service
- [ ] The person who received the service: for most sessions, your child
- [ ] A description of the service, faithful to what was done
- [ ] The fees
- [ ] The clinician's name and member or registration number
- [ ] The practice address
- [ ] The supervised person, if they gave the service
- [ ] Who the expense was paid to, and the date of payment

The receipt says who was seen, not who paid. The person who paid can still claim at tax time. For insurance, ask your insurer how to submit the claim.

What to keep

- [ ] Every receipt, filed through the year
- [ ] Your notes from calling your insurer: answer, date, person
- [ ] Your insurer's replies to your claims
- [ ] Your insurance papers and group booklet
- [ ] This sheet, with everything else

A cancelled cheque doesn't replace a receipt.

Four moments in the year

Before the first session
Call your insurer.

After each session
File the receipt and submit your claim.

At year end
Add up what wasn't reimbursed.

At tax time
Compare with your spouse or partner who should claim. Keep your receipts.

At tax time, only what isn't reimbursed counts. Federally, you keep your receipts without sending them, unless you're asked. For Québec, follow Revenu Québec's instructions.

My notes

Sources: OOAQ; Canada Revenue Agency. Up to date as of November 2, 2026. General information: the rules change.